## Week 1 - November 16 - 23

(Maximum 2 hours... but could be shorter)

#### 1. Welcome.

Quietly listen to three minutes of tranquil, meditative music.

### 2. Introduction.

because Jesus is always with us, especially during the most difficult times in our lives that his presence IS love. In this third week of Advent, St. Paul urges us to always be joyful heart that, through my faith, allows me to see that God is not absent, that he is present, and have shaped my days, certainly I can see glimpses of God there. It is this "watchfulness" in my through whom God makes himself present, if I took the time to to look at the events which since our last meeting. If I have been watchful, paying attention to the people around me Let us share those moments where we have seen signs of the presence of God in our lives

### 3. Lectio Divina

- a) The Gospel according to Matthew 25; 14-30
- b) Reading from the letter of St. Paul to the Thessalonians 5; 1-6

of the next two Sundays. What message does the Lord want to send? leaves also reminds us that everything has an end. For the next three Sundays, the Church offers us In this month of November, we are approaching the end of the liturgical year. The fall of the autumn words of the Gospel: Jesus spoke to his disciples of his coming. This sentence will also start the Gospel passages which invite us to watchfulness for the Coming of the Son of Man. Take note of the first

- H Read the Lectio Divina guide before reading the Bible text. (I prefer that the participants use their own Bible rather than copying the text)
- 2. Do the Lectio Divina.
- 4 After the "lectio" and while the participants think of their service, play a CD of calm, meditative, and inspirational music
- Time of communal prayer together

Start with the Our Father.

Finish with a decade of the rosary : one Our Father, ten Hail Mary's, and one Glory Be. Take a moment of silence to reflect on the intention for which we will pray.

9 A participant reads the weekly contemplation (no discussion, simply read it).

# Meditation on "Vigilance" - Week 1

give the initiative to his creatures. In acting this way, he makes us see that he trusts us and that he shows us enormous respect. Yes, our lives go along with indications that God is absent and has retreated in order to This time in human history is the time of the absence of God. We are put to the test.

exactly what he entrusts in me: his Kingdom, his belongings, to make his graces grow. management is an active cooperation designed to build his Kingdom, because that is belongings, his property, which are not mine but those of the Creator. This God trusts me, he entrusts his belongings to me. Here on Earth, I must manage his

irreplaceable for the task which is mine, with my abilities, my qualities, the graces he what is my unique role, what are the talents that I alone have the power to develop? We must take the time to ponder this point. Don't rush it. In God's eyes I am has his place, each one of us has his responsibility. I ask myself the following question: gifts I have received. I am not alone in the construction of his Kingdom; each one of us It is my responsibility, mine, to this Kingdom which he has entrusted to me, through the

dead, inexistent. I could arrange my life as if God didn't exist. Be careful though. I time is difficult. I could even, in the end, imagine that God will never return, that he is me accountable like a responsible adult. would be nothing worse than being irresponsible. God will do me the honour of holding mustn't be under the illusion that God doesn't exist. I am called to "watch"... there The time during which the Master is absent is long. It is a time of faithfulness, and this

mission, and in leaving he entrusted me with his responsibility: to bring about the that's the beautiful risk of faith! Jesus came on behalf of his Father to accomplish his want me to be afraid to stick my neck out for him. Taking on the interests of God -God expects a lot of each one of us, each one according to his abilities; God doesn't

Take the time this week to meditate on the amazing trust that God has in me